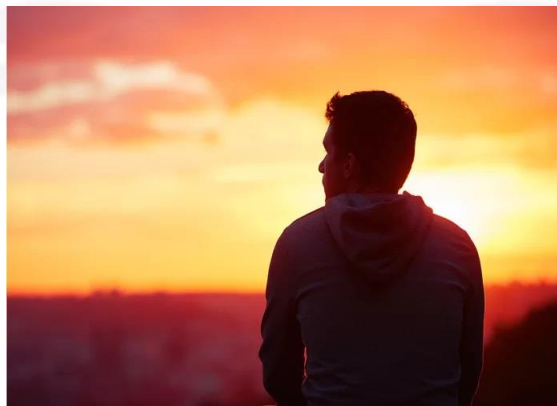


The Impact of Childhood Sexual Abuse on Masculinity and Sexual Identities: Video Course

Christiane Sanderson

Video Course
CPD/CE credits: 3

Price: £65



Online video access remains available for 1 year from the date you receive the video course.

After the recent expose' of sexual abuse in sports, boarding schools and some faith communities, childhood sexual abuse (CSA) of males has received increased awareness and clinical research interest – highlighting the **markedly different impact of CSA on men**. Data has shown that male survivors of CSA are ten times more likely to suffer from PTSD, five times more likely to have substance misuse disorder – and 46% of males with a history of CSA attempting suicide. The key challenge for psychotherapists and counsellors is that the manifestations in our therapy rooms may not be admittedly linked to CSA – **men find** it harder to disclose their abuse due to shame and societal expectations of orthodox masculinity. Male survivors of CSA commonly do not define their childhood experiences as abusive and often minimise its negative impact. This is exacerbated by a **shame of disclosure** – which is often seen as worse than remaining silent.

This seminar looks at the social construction of CSA of males and its range of clinical implications. It emphasises how we can respond to the specific needs of male survivors of CSA within a trauma-informed framework – which includes the use of power and its impact on self-identities. Specifically, we consider:

- What explains the **fears in men that CSA will determine their sexual orientation** – what does this imply for their capacity to have healthy sexual relationships
- How do we comprehend reporting of sexual difficulties by survivors of CSA – including **performance anxieties, erectile problems, compulsive sexual behaviour as well as difficulties with intimacy and the recurring need to 'prove' their masculinity**
- The social construction of the *problem* of male victims of CSA and its clinical implications
- Overcoming difficulties around help-seeking and disclosure



- Understanding the confusion with regards to sexual orientation and intimacy; sense of lost power, control and confidence in *manhood*
- How trauma-informed practice can enable male survivors of CSA to recover and heal

About the speaker

Christiane Sanderson BSc, MSc. is a senior lecturer in Psychology at the University of Roehampton, of London with 26 years of experience working with survivors of childhood sexual abuse and sexual violence. She has delivered consultancy, continuous professional development and professional training for parents, teachers, social workers, nurses, therapists, counsellors, solicitors, the NSPCC, the Catholic Safeguarding Advisory Committee, the Methodist Church, the Metropolitan Police Service, SOLACE, the Refugee Council, Birmingham City Council Youth Offending Team, and HMP Bronzefield.

She is the author of *Counselling Skills for Working with Shame*, *Counselling Skills for Working with Trauma: Healing from Child Sexual Abuse, Sexual Violence and Domestic Abuse*, *Counselling Adult Survivors of Child Sexual Abuse*, 3rd edition, *Counselling Survivors of Domestic Abuse*, *The Seduction of Children: Empowering Parents and Teachers to Protect Children from Child Sexual Abuse*, and *Introduction to Counselling Survivors of Interpersonal Trauma*, all published by Jessica Kingsley Publishers. She has also written *The Warrior Within: A One in Four Handbook to Aid Recovery from Sexual Violence*; *The Spirit Within: A One in Four Handbook to Aid Recovery from Religious Sexual Abuse Across All Faiths* and *Responding to Survivors of Child Sexual Abuse: A pocket guide for professionals, partners, families and friends* for the charity *One in Four* for whom she is a trustee.

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customerservices@nscience.co.uk

US: +18337161044

UK/Europe:
+44(0)2070961722

Australia:
+1800861953



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