

Clinical Mastery with Dr Ruth Cohn

Inside the Clinical Mind: Working with the Echoes of Neglect

Mastery Session Live Online with

Dr Ruth Cohn

Zoom Webinar

16 January 2026, Friday

Times:

7:00 pm – 8:30 pm, London UK

2:00 pm – 3:30 pm, New York, USA

&

Why Nothing Matters:

A Therapeutic Framework for Understanding the Impact of Neglect Video Course

CPD hours: up to 7.5 CPD hours depending on the ticket type

Includes Video Course + Exclusive 90-Minute Mastery Session Live Online (optional)



Location: Online streaming only

(webinar tickets for the video course & live mastery session bundle include complimentary access to a video recorded version for 2 years, the individual ticket for accessing video course only, includes complimentary access to video course for 1 year)

Inside the Clinical Mind: Working with the Echoes of Neglect

16 January 2026 | 7 pm UK | 90 minutes | Live Online | 1.5 CPD Hours

Bringing presence to what was absent

Neglect leaves no bruises, no narratives, no dramatic turning points.
Its legacy is quieter, deeper, woven into the way clients relate, feel, and exist in the world.



Many present as articulate and thoughtful — yet behind the story lies a profound absence of being mirrored, held, or met. What therapists encounter is not simply lack, but a *felt sense of nothingness* that resists language and eludes traditional trauma frameworks.

This Mastery session invites you into the clinical reasoning of Dr Ruth Cohn — creator of Neglect-Informed Psychotherapy™ — as she shows how to perceive, name, and work therapeutically with these invisible residues of early relational absence.

★ **This Mastery evening is built around Ruth Cohn’s flagship video course**

Why Nothing Matters: A Therapeutic Framework for Understanding the Impact of Neglect

5.5 hours | 6 CPD Hours | 2-year access in the combined option

Across nine teaching sessions and a bonus module, this course reframes neglect as a **developmental trauma of absence** — one that requires its own therapeutic lens, language, and pathways for repair.

What the full video course covers

- How early relational absence shapes identity, attachment, and emotional survival
- Behavioural, somatic, and relational markers of neglect — even when clients cannot name them
- Distinguishing neglect from other developmental traumas
- How to “listen for absence” through embodied and nonverbal cues
- Techniques for building presence, attunement, and relational safety
- Working with collapse, muted affect, self-effacement, and the fear of needing
- How to give shape, language, and meaning to experiences the client “never had”

This course provides the **conceptual and relational framework** for the Mastery evening.

The live session is where this framework becomes **clinical decision-making in real time**.

★ **How the Video + Mastery Session Work Together**

- The **video course** teaches Ruth’s neglect-informed model and therapeutic stance.
- The **Mastery session** shows how she applies it to complex, nuanced cases.

You’ll watch her work through:

- subtle withdrawal and collapse
- clients who “can talk but cannot feel”
- the dread of needing or being seen
- unspoken expectations of disappointment
- relational pacing when presence feels threatening

It’s an intimate chance to witness how absence is recognised, named, and gently transformed in the therapy room.

★ **How to Join**

We offer two pathways:



- Full Video Course (1-year access) — £139

Ideal for clinicians who want to learn the full framework at their own pace.

- Video Course (2-year access) + 90-Minute Mastery Session — £159

For **£20 more**, you join Ruth live online (plus replay) *and* receive two full years of video access. This combined option is strongly recommended: the Mastery evening directly builds on the video's core concepts.

★ Inside the Mastery Session

Clinical Orientation (10 min)

Why absence shapes relational life — and why neglect resists conventional trauma processing.

Live Case Exploration (40 min)

Two live case discussions (participant vignettes + Ruth's clinical archive) revealing the subtle somatic and relational signatures of neglect.

Clinical Commentary & Dialogue (30 min)

How Ruth times interventions, uses language meticulously, and holds space for clients who fear emotional contact.

Integration & Closing (10 min)

A reflective takeaway on "holding the empty space" — with prompts for supervision and ongoing clinical development.

★ You'll come away with

- ✓ A deeper understanding of how neglect manifests in adult psychotherapy
- ✓ Techniques for recognising subtle withdrawal, collapse, and unspoken dread
- ✓ Strategies for staying present without rescuing or retreating
- ✓ Language that gives shape to invisible experiences
- ✓ A renewed capacity to meet clients whose trauma is the absence of being met

★ About Dr Ruth Cohn

Ruth Cohn, MFT, is an internationally recognised psychotherapist, author, and educator who has specialised in the treatment of trauma and neglect since 1988. Creator of *Neglect-Informed Psychotherapy™*, she integrates attachment theory, somatic awareness, and relational practice to help clients transform absence into presence. Her works include *Working with the Developmental Trauma of Childhood Neglect* and *Coming Home to Passion*.

Join Dr Ruth Cohn for an intimate exploration of how therapists can bring presence to what was absent — and learn to transform the quiet residues of neglect into renewed connection and vitality.



For more information on how to access webinar joining links, handouts and video recordings please visit <https://www.nscience.uk/faqs/>

Questions and requests for information: cpd@nscience.world

If you have a disability, please contact us in advance of the course so we can accommodate your needs:

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