

## The Clinical Mastery Series

Where leading trauma clinicians think through the hardest cases — live.

With Dr Ruth Cohn, Kathy Steele, and Dr Frank Anderson

Zoom Webinar

Dates:

**10 February 2026**

7:00 pm – 8:30 pm, London UK

2:00 pm – 3:30 pm, New York, USA

**25 March 2026**

7:00 pm – 8:30 pm, London UK

3:00 pm – 4:30 pm, New York, USA

**28 April 2026**

7:00 pm – 8:30 pm, London UK

2:00 pm – 3:30 pm, New York, USA

CPD hours: 29 CPD hours total



Location: Online streaming only

(webinar tickets for the full bundle include complimentary access to a video recorded version for 2 years)

### When theory meets the room

Every therapist knows the moment when technique alone is not enough. When the client dissociates, withdraws, floods, collapses, or becomes unreachable — and the entire clinical field shifts.

It's in these moments that real mastery begins. Not with new protocols, but with *clinical presence*, *timing*, *attunement*, and the capacity to stay connected when the work becomes emotionally and neurobiologically complex.

The **Clinical Mastery Series** offers a rare opportunity to step inside the thinking of three of the world's foremost trauma clinicians — **Dr Ruth Cohn, Kathy Steele, and Dr Frank Anderson** — as they work through these moments in real time.



Across three 90-minute live online sessions, each expert reveals how they assess, pace, sequence, regulate, and intervene when the therapeutic process reaches its most challenging edge.

This is not demonstration.  
This is **clinical reasoning exposed** — moment by moment.

★ **Each Mastery evening is built around a flagship video course**

To anchor the learning and ensure depth, each live session is paired with the trainer's major video programme. The **video course provides the full clinical model**; the **Mastery session shows how that model operates under pressure**.

Together, they offer an unusually rich learning arc:  
**conceptual clarity → practical application → real-time decision-making.**

Here is the full journey:

**Kathy Steele — Working with Distrust and Dissociative Defences**

**10 February 2026 | 7 pm UK | 90 minutes | Live Online | 1.5 CPD hours**

**Video Course:**

**Assessment and Therapeutic Work with Trauma-Related Dissociation**  
8h41m | 9 CPD hours | 2-year access in the combined option

Kathy's course is the definitive roadmap for recognising dissociation, assessing internal systems, stabilising parts, and navigating trauma-related phobias.

The Mastery evening shows how she applies this model in real time when clients fear connection, fragment under stress, or withdraw protectively.

**Dr Frank Anderson — Working with Parts, Memory, and the Body in Trauma Treatment**

**25 March 2026 | 7 pm UK | 90 minutes | Live Online | 1.5 CPD hours**

**Video Course:**

**Transcending Trauma: Understanding and Healing Trauma through IFS and Neuroscience**  
9 hours | 9 CPD hours | 2-year access in the combined option

Frank's course integrates parts work, neurobiology, somatic awareness, and attachment repair into a unified trauma framework.

In the Mastery session, you'll see how he works with protectors, implicit memory, autonomic activation, and the therapist's own regulated presence when trauma overwhelms the system.

**Dr Ruth Cohn — The Echoes of Neglect**

**28 April 2026 | 7 pm UK | 90 minutes | Live Online | 1.5 CPD hours**

**Video Course:**

**Why Nothing Matters: A Therapeutic Framework for Understanding the Impact of Neglect**

5.5 hours | 6 CPD hours | 2-year access in the combined option

Neglect is the trauma of *what did not happen* — the absence of attunement, presence, and emotional mirroring. Ruth's video course lays out the clinical foundation for recognising and treating these silent wounds.

The Mastery session then brings the model alive through real cases, revealing how Ruth listens for absence, tracks subtle collapse, and restores aliveness where early relational contact failed.

★ **How to Join the Series**

You can join *any* Mastery evening individually via two pathways:

1. Full Video Course (1-year access)

For clinicians who want the full framework.

2. Video Course (2-year access) + 90-Minute Mastery Session

For **£20 more**, you gain:

- the live Mastery event
- the replay
- and two full years of access to the video course

This combined option is strongly recommended.

The Mastery evenings assume familiarity with the video material and build directly on it.

💎 **Full Mastery Bundle — £499 (Best value)**

For those wanting the complete arc of mastery, the bundle includes:

- **All three flagship video courses** (2-year access each)
- **All three 90-minute Mastery sessions + replays**
- **Over 29 CPD hours total**
- A fully integrated learning experience across neglect, dissociation, and parts/neuroscience-informed trauma treatment.

This bundle is ideal for clinicians who want not only to learn *what* these experts do — but to understand *how* they think.

★ **Why join the Clinical Mastery Series**

- ✓ Witness real-time clinical reasoning from the field's leading trauma experts
- ✓ See how advanced models actually function with complex clients
- ✓ Integrate attachment, parts work, neurobiology, and relational presence
- ✓ Deepen your therapeutic intuition, regulation, and pacing
- ✓ Earn CPD while strengthening your clinical confidence



## ★ Invitation

Join the clinicians who have shaped the modern trauma field — and experience firsthand how they navigate the moments when therapy becomes most delicate, most intense, and most transformative.

This is psychotherapy at depth.  
And you're invited inside the room.

## About the speakers

**Ruth Cohn, MFT**, is an internationally recognised psychotherapist, author, and educator who has specialised in the treatment of trauma and neglect since 1988. Creator of Neglect-Informed Psychotherapy™, she integrates attachment theory, somatic awareness, and relational practice to help clients transform absence into presence. Her works include *Working with the Developmental Trauma of Childhood Neglect* and *Coming Home to Passion*.

**Kathy Steele, MN, CS**, is a leading authority on complex trauma and dissociation, past President of the International Society for the Study of Trauma and Dissociation (ISSTD), and co-author of *Treating Trauma-Related Dissociation* and *The Haunted Self*. Known for her clarity, warmth, and integrative clinical teaching, she has trained thousands of psychotherapists worldwide in advanced trauma treatment.

**Frank Anderson, MD**, is a Harvard-trained psychiatrist and internationally recognised trauma specialist whose work bridges neuroscience, psychotherapy, and compassion-based healing. Author of *Transcending Trauma* and *To Be Loved*, he has trained thousands of clinicians worldwide through his integrative approach to parts work and neurobiological repair.

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There is no known commercial support for this program.

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